

Reading the Mission Statement:

An A4 page with the mission words will be placed on the lectern by the Sergeant At Arms at the start of the meeting. You will be invited to read out the Mission Statement by the Toastmaster of the Evening.

Stand behind the lectern:

- read one line of words at a time
- the look up and say that line of words in a clear voice
- take your time; read out the words as though they were a poem and pause at the end of each line

When we are nervous, we want to get a scary task over with as soon as possible. This means we tend to rush, not speak clearly and sometimes get a bit breathless. Slowly reading out the Mission Statement is a great way to overcome our instinct to be hasty. You could easily read all these words in 15 seconds, but you are allowed one minute. So try and do it at a leisurely pace.

The mission of a Toastmasters Club is:

to provide a mutually supportive

and positive

learning environment

in which every individual member

has the opportunity

to develop

oral communication

and leadership skills,

which in turn

foster self-confidence

and personal growth.